



“Success for Every Child”



Date: 3 Nov 2020

Dear Parents,

Please be informed that we have a case of mumps in your child's class (4M). We would urge you to be extra vigilant and to monitor your children's health on a daily basis.

Mumps is a contagious, viral infection that used to be common in children before the introduction of the MMR (Measles, Mumps & Rubella) vaccine. The Hong Kong immunisation schedule recommends the MMR vaccination when a child is 12 months old and again when they are in Year 1 at school. Once both doses have been given, the vaccine provides 95% protection against mumps.

Mumps is most recognisable by painful swelling in the side of the face under the ears, caused by swelling of the salivary glands. Other symptoms include:

- Headache
- Joint pain
- Fever

Mumps is spread in the same way as colds and flu; through infected droplets of saliva that can be inhaled or picked up from surfaces and transferred into the mouth or nose. Someone is most contagious around 2 days before symptoms present and up to 5 days afterwards. Therefore, if your child becomes unwell or you suspect they may have mumps, please keep your child away from school and seek advice from a doctor as soon as possible.

Warmest regards,

Neill O'Reilly

Principal

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