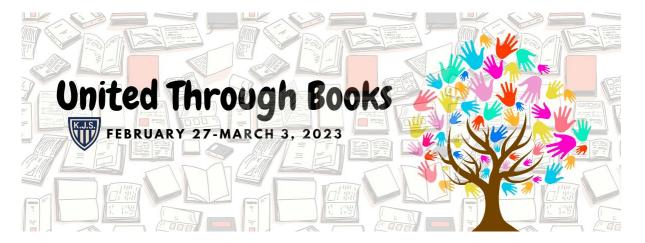


Date: 10 Feb 2023





Dear Parents and Caregivers,

This week, we have shared exciting news with students about Book Week. In particular, students were told about an upcoming, in-person author visit held on **February 27th and 28th**.

The authors, Dr. Melissa Giglio and Ms. Daisy Geddes, are Hong Kong-based psychologists who specialize in the treatment of childhood anxiety and selective mutism. Due to the pandemic with school closures in Hong Kong, changes to timetables, and school rules, many children have experienced an increased level of anxiety (article).

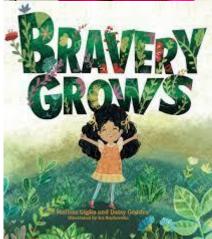
Their debut children's picture book, Bravery Grows, is a story told in the language used by therapists often used to teach parents and caregivers methods they can use to support their children. In the book, you'll find the "amazing message that through practice and the right support, you can overcome your 'brave' muscles" says Dr. Giglio.

If you would like a personalized positive message passed from the authors to your child, please order your books before **Friday**, **February 24th**. Please see the link to the <u>poster</u>. If you wish to order a copy of the book, click on the following link: <a href="https://forms.gle/aFVB1JdB8SSmeicd8">https://forms.gle/aFVB1JdB8SSmeicd8</a>









We look forward to celebrating Book Week with your child.

Kind regards,

KJS Library Team

