



KOWLOON
JUNIOR SCHOOL
九龍小學

Success for Every Child



Date: 23 Mar 2023



Dear KJS families,

Seasonal influenza is an acute illness of the respiratory tract caused by influenza viruses. It is usually more common in periods from January to March/April in Hong Kong. Symptoms may include fever, cough, sore throat, runny nose, muscle pain, fatigue and headache; some may also have vomiting and diarrhoea.

According to the CHP guideline, if your child has upper respiratory infection symptoms, fever, diarrhoea or vomiting, they should be **refrained from school until they are recovered**. This enables children who are unwell to fully rest and recover and also prevents the spread of illness throughout the school.

Hope everyone stays strong and healthy.

Best regards,

Carmen Chan

School Health Professional

Kowloon Junior School

Tel: 3765 8781

