



KOWLOON
JUNIOR SCHOOL
九龍小學

Success for Every Child



Date: 13 Sep 2022



Dear KJS caregivers,

On **October 9th** at **8:30am**, Jason Prohaska who works at ESF centre as the *Educational Technology Specialist*, will be facilitating the following 1 hour workshop for KJS caregivers:

"Healthy Habits for the Tech-Connected Family: Getting the Most Out of Your Digital World" offers parents invaluable insights into fostering a balanced digital lifestyle. Attendees will learn strategies for establishing meaningful tech routines, harnessing device capabilities for self-management, and receiving recommendations for enriching apps and games. Join us to empower your family in navigating the digital era confidently and healthily.

The workshop will be held in the school library (1st floor).

Please use [this form](#) to register your attendance. The closing date for registration will be **September 29th**.

Warm Regards,

Mrs. Doucette

