



KOWLOON
JUNIOR SCHOOL
九龍小學

Success for Every Child



Date: 9 Oct 2023



Dear KJS caregivers,

Due to the inclement weather today, we need to re-schedule this parent session.

The new date and time will be:

October 16th at 8:45am

If you are interested in attending, please take a moment to fill in this [form](#).

Note: This form will close at 3:00pm on Thursday, October 12th.

About the session:

Jason Prohaska who works at ESF centre as the *Educational Technology Specialist*, will be facilitating the following 1 hour workshop for KJS caregivers:

"Healthy Habits for the Tech-Connected Family: Getting the Most Out of Your Digital World" offers parents invaluable insights into fostering a balanced digital lifestyle. Attendees will learn strategies for establishing meaningful tech routines, harnessing device capabilities for self-management, and receiving recommendations for enriching apps and games. Join us to empower your family in navigating the digital era confidently and healthily.

Logistics:





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- The workshop will be held in the school hall (1st floor).
- You will be asked to wait outside the school until 8:40am to allow time for children to come in and for set up.

Warm Regards,

Mrs. Doucette

